CORONAVIRUS 2019-nCoV





Avoid direct body contact.



Keep your distance from other people. (1.5 meters)



Do not touch your face with unwashed hands.



Wash your hands regularly for at least 30 seconds.



Disinfect hands if there is no sink nearby.



If possible, stay at home.

Do not forget: Please always follow the rules for curbing the corona virus, which are set by official bodies.

A responsible and healthy lifestyle creates the best conditions for a quick and sustainable solution to the Corona crisis.

Using the face mask



Disinfect hands or wash hands for 30 seconds before putting on the mask.



After putting on, the mask must completely cover the nose and mouth.



The masks are made of fabric and can be used multiple times. They must be washed at least 60° once a day.